

**CA Coastal Adventure Sessions**  
**Note: This schedule is subject to change.**

**DAY 1:**

10:00-2:30pm Arrivals / Drive to Lake Casitas  
 Begin First 48 Hour Sequence  
 Games and Initiatives  
 6:00pm Dinner  
 7:00-9:00pm Group meeting – FVC/Group Guidelines  
 8:00pm Personal hygiene & organization  
 9:00pm Tents  
 9:30pm Lights out

**DAY 2:**

7:00am Wake & pack  
 8:00am Breakfast  
 9:00am Swim test/ Surf  
 12:00pm Lunch  
 1:00pm Surf/ beach games  
 6:00pm Dinner  
 7:00pm Evening meeting  
 8:00pm Personal hygiene & organization  
 9:00pm Tents, quiet time  
 9:30pm Lights out

**DAY 3:**

7:00am Wake-up & Pack Daypacks  
 8:00am Breakfast & Clean-up  
 9:00am Surf  
 12:00pm Lunch  
 1:30pm Surf or Rock Climb  
 6:00pm Dinner  
 7:00pm Evening meeting - Pack for the Channel Islands  
 8:00pm Personal hygiene & organization  
 9:00pm Tents, quiet time  
 9:30pm: Lights Out

**DAY 4:**

6:00am Wake & breakfast  
 7:00am Travel to Santa Cruz Island

12:00pm Lunch  
 1:00pm Set up Camp, day hike, snorkel  
 6:00pm Dinner  
 7:00pm Evening meeting  
 8:00pm Personal hygiene & organization  
 9:00pm Tents  
 9:30pm Lights Out

**DAY 5:**

7:00am Wake  
 8:00am Breakfast  
 9:00am Group 1 - Sea Kayak  
 Group 2 – Full day Hike  
 12:00pm Lunch  
 1:00pm Group 1- Snorkel  
 Group 2- Continue full day hike  
 6:00pm Dinner  
 7:00pm Evening meeting  
 8:00pm Personal hygiene & organization  
 9:00pm Tents  
 9:30pm Lights Out

**DAY 6:**

7:00am Wake  
 8:00am Breakfast  
 9:00am Group 1 – Full day hike  
 Group 2 - Sea Kayak  
 12:00pm Lunch  
 1:00pm Group 1- Continue full day hike  
 Group 2- Snorkel  
 6:00pm Dinner  
 7:00pm Evening meeting  
 8:00pm Personal hygiene & organization  
 9:00pm Tents  
 9:30pm Lights Out

**DAY 7:**

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6:30am Wake & breakfast  
7:00am Pack camp  
12:00pm Lunch  
4:00pm Travel to mainland  
8:00pm Set up camp / dinner  
9:00pm Evening meeting  
9:30pm Personal hygiene & organization  
10:00pm Tents  
10:00pm Lights Out

**DAY 8:**

7:00am Wake  
8:00am Breakfast  
9:00am Deep sea fishing/ stand-up paddle board/ sea kayaking  
12:00pm Lunch  
1:00pm Deep sea fishing/ sea kayaking  
5:30pm Dinner  
7:00pm Evening meeting  
8:00pm Personal hygiene & organization  
9:00pm Tent  
9:30pm Lights Out

**DAY 9:**

7:00am Wake  
8:00am Breakfast  
9:00am Exploration & Laundry  
12:00pm Lunch  
1:00pm Travel to Lake Casitas  
6:00pm Celebration Dinner Out  
7:00pm Evening meeting  
Last 48 Hour Sequence  
8:00pm: Personal hygiene & organization  
9:00pm: Tents  
9:30pm: Lights Out

**DAY 10:**

5:00am: Breakfast

5:30am Depart for LAX