

NC Expedition Schedule

Note: This schedule is subject to change.

Day 1:

9:00am: Arrivals Begin
Begin First 48 Hour Sequence
12:00pm: Lunch
4:00pm: Backpacking Expedition prep
6:00pm: Dinner
7:00-9:00pm: Continue First 48 Hour Sequence
9:00pm: Personal Hygiene
9:30pm: Lights Out

Day 2:

7:00am: Wake, pack, breakfast
9:00am: High & Low Ropes Courses
12:00: Lunch
2:00pm: Depart for Trail
6:00pm: Dinner
7:00pm: Evening activities, including evening meetings
9:00pm: Personal hygiene
9:30pm: Lights Out

Day 3:

7:00am: Begin Backpacking & How To's
12:00pm: Lunch
6:00pm: Dinner
7:00pm: Evening Activities, including evening meeting
9:00pm: Personal hygiene
9:30pm: Lights Out

Day 4:

7:00am: Wake, breakfast
9:00am: Backpacking
12:00pm: Lunch
1:00pm: Continue backpacking
6:00pm: Dinner
7:00pm: Evening Activities, including evening meeting
9:00pm: Personal hygiene
9:30pm: Lights Out

Day 5:

7:00am: Wake & break camp; breakfast
9:00am: Continue backpacking
12:00pm: Lunch
1:00pm: Continue backpacking
6:00pm: Dinner
7:00pm: Evening Activities, including evening meeting
9:00pm: Personal hygiene
9:30pm: Lights Out

Day 6:

7:00am: Wake & break camp; breakfast
9:00am: Finish backpacking
Depart for laundry & showers
3:00pm: Arrive at campground & set camp
6:00pm: Dinner
7:00pm: Evening Activities, including evening meeting
9:00pm: Personal hygiene
9:30pm: Lights Out

Day 7:

7:00am: Wake & pack day packs; breakfast
9:00am: Depart for mountain biking / rock climbing
12:00pm: Lunch
1:00pm: Continue mountain biking / rock climbing
5:00pm: Campground
6:00pm: Dinner
7:00pm: Evening Activities, including evening meeting
9:00pm: Personal hygiene
9:30pm: Lights Out

Day 8:

7:00am: Wake & break camp; Breakfast
9:00am: Depart for caving
12:00pm: Lunch
1:00pm: Caving
5:00pm: Finish caving & setup camp
6:00pm: Dinner
7:00pm: Evening Activities, including evening meeting
9:00pm: Personal hygiene

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9:30pm: Lights Out

Day 9:

6:30 Wake, break camp, breakfast
8:00 Depart for Funyaking
12:00pm: Lunch & Funyaking
3:00pm: Depart for Deep Creek
4:30pm: Arrive at campground & set camp
6:00pm: Dinner
7:00pm: Evening Activities, including evening meeting
9:00pm: Personal hygiene
9:30pm: Lights Out

Day 10:

7:00am: Wake, pack daypacks, breakfast
9:30am: Rafting!
6:00pm: Dinner
7:00pm: Evening Activities including evening meeting
9:00pm: Personal hygiene
9:30pm: Lights Out

Day 11:

7:00am: Wake, pack daypacks, breakfast
9:00am: Break Camp / Laundry
12:00pm: Lunch
1:00pm: Travel to TN / Swim
6:00pm: Dinner
7:00pm: Evening Activities, including evening meeting
9:00pm: Personal hygiene
9:30pm: Lights Out

Day 12:

7:00am: Wake & pack daypacks; Breakfast
9:00am: Groups alternate between rock climbing, rappelling and swimming
12:00pm: Lunch
1:00pm: Continue activity rotation
5:00pm: Be back at campground
6:00pm: Dinner
7:00pm: Evening Activities
9:00pm: Personal hygiene

9:30pm: Lights Out

Day 13:

7:00am: Wake, pack daypacks, breakfast
9:00am: Rafting!
12:30pm: Lunch
2:00pm: Swimming
5:00pm: Back at campground
6:00pm: Dinner
7:00pm: Hotseats
9:00pm: Personal hygiene
9:30pm: Lights Out

Day 14:

7:00am: Wake, pack daypacks, breakfast
9:00am: Showers
1:00pm: Arrive at base
End of Course Activities
Last 48 Hour Sequence
6:00pm: Celebration Dinner
7:00-9:00pm: Continue Last 48 Hour Sequence
9:00pm: Personal hygiene
9:30pm: Lights Out

Day 15:

7:00am: Wake, pack, breakfast
9:00am: Departures Begin