

Wyoming Camper Gear List

Appropriate clothing and gear are essential for students to be able to have fun and succeed on a wilderness course. Wool and synthetic clothes are important because they keep the campers warm even if they become wet. Cotton clothes are good for comfort and sun protection but do not keep students warm if wet. For more information on gear contact SOAR or check out the General Gear Guide under your Forms and Documents. *All items are required unless otherwise noted.*

Participants will have an opportunity to do laundry once during the middle of the course.

Wyoming Camper Gear List

GEAR NECESSITIES

- 2 Large duffle bags (for storing all items) No wheels please!
- Day pack/book bag with hip belt (2000cu.in)
- Sleeping bag with stuff sack (synthetic - please no down! 15 degree F)
- Sleeping bag liner or extra blanket (optional)
- Sleeping pad (Ensolite/Thermarest type)
- Sunglasses
- Insect repellent
- Rain jacket and rain pants**
- 2 quart-sized water bottles
- Headlamp with extra batteries
- Laundry bag
- Pillow (camping size) / pillowcase
- Whistle
- 1 box of Ziploc gallon freezer bags
- Sunscreen (non-spray, waterproof)
- Camera (optional***)
- Eating utensils
- Plastic/metal cup/bowl/plate

- Sleepwear - 2 sets
- Flip flops (for showering and airing out feet)

Horsepacking Course Specific:

- Extra stuff sack for clothing during expedition

Canoeing Course Specific:

- Bug net for head

Academic Course Specific:

- 3-Ring Notebook
- 3-Ring Pencil Bag
- Notebook Paper

Notes:

1. All clothing & personal items must be labeled!
 2. Do not bring jewelry, smart watches, video games, cell phones, knives, electronics
 3. Please break in all shoes ahead of time
- **Quality rain gear is essential
***Digital cameras are ok to bring, but be aware that there is a risk of damage while on course for which SOAR is not responsible

PERSONAL NEEDS

- Prescription medications, vitamins, etc
- Deodorant
- 2 bath towel
- 1 washcloth
- Other personal hygiene items
- Soap/container
- 2 SPF chapsticks
- Toothbrush/toothpaste
- Shampoo/conditioner
- 1 CDC approved face mask
- Flip-top bottle of hand sanitizer
- Wet Wipes (optional)
- Stamps & envelopes (optional)

CLOTHING

- Lightweight hiking boots w/ a heel (no steel-toed boots) - 1 pair
- Tennis shoes - 1 pair
- Socks, cotton - 6 pair
- Socks, synthetic - 4 pair
- Pants or Jeans - 2 pair
- Quick-dry, synthetic pants - 1 pair
- Shorts - 6
- Shirts, long sleeve - 2
- T-shirts - 6
- Underwear - 10
- Warm Hat - 1
- Sun Hat - 1
- Midweight fleece sweater/jacket - 1
- Warm jacket
- Wool mittens or gloves
- Long underwear (polypro or equiv.)
- Swimsuit - 1
- Water shoes (closed toed, no velcro)
- Bandanna