

CA Coastal Adventure Sessions
Note: This schedule is subject to change.

DAY 1:

10:00-2:30pm Arrivals / Drive to Lake Casitas
 Begin First 48 Hour Sequence
 Games and Initiatives
 6:00pm Dinner
 7:00-9:00pm Group meeting – FVC/Group Guidelines
 8:00pm Personal hygiene & organization
 9:00pm Tents
 9:30pm Lights out

DAY 2:

7:00am Wake & pack
 8:00am Breakfast
 9:00am Swim test/ Surf
 12:00pm Lunch
 1:00pm Surf/ beach games
 6:00pm Dinner
 7:00pm Evening meeting
 8:00pm Personal hygiene & organization
 9:00pm Tents, quiet time
 9:30pm Lights out

DAY 3:

7:00am Wake-up & Pack Daypacks
 8:00am Breakfast & Clean-up
 9:00am Surf
 12:00pm Lunch
 1:30pm Surf or Rock Climb
 6:00pm Dinner
 7:00pm Evening meeting - Pack for the Channel Islands
 8:00pm Personal hygiene & organization
 9:00pm Tents, quiet time
 9:30pm: Lights Out

DAY 4:

6:00am Wake & breakfast
 7:00am Travel to Santa Cruz Island

12:00pm Lunch
 1:00pm Set up Camp, day hike, snorkel
 6:00pm Dinner
 7:00pm Evening meeting
 8:00pm Personal hygiene & organization
 9:00pm Tents
 9:30pm Lights Out

DAY 5:

7:00am Wake
 8:00am Breakfast
 9:00am Group 1 - Sea Kayak
 Group 2 – Full day Hike
 12:00pm Lunch
 1:00pm Group 1- Snorkel
 Group 2- Continue full day hike
 6:00pm Dinner
 7:00pm Evening meeting
 8:00pm Personal hygiene & organization
 9:00pm Tents
 9:30pm Lights Out

DAY 6:

7:00am Wake
 8:00am Breakfast
 9:00am Group 1 – Full day hike
 Group 2 - Sea Kayak
 12:00pm Lunch
 1:00pm Group 1- Continue full day hike
 Group 2- Snorkel
 6:00pm Dinner
 7:00pm Evening meeting
 8:00pm Personal hygiene & organization
 9:00pm Tents
 9:30pm Lights Out

DAY 7:

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6:30am Wake & breakfast
7:00am Pack camp
12:00pm Lunch
4:00pm Travel to mainland
8:00pm Set up camp / dinner
9:00pm Evening meeting
9:30pm Personal hygiene & organization
10:00pm Tents
10:00pm Lights Out

DAY 8:

7:00am Wake
8:00am Breakfast
9:00am Deep sea fishing/ stand-up paddle board/ sea kayaking
12:00pm Lunch
1:00pm Deep sea fishing/ sea kayaking
5:30pm Dinner
7:00pm Evening meeting
8:00pm Personal hygiene & organization
9:00pm Tent
9:30pm Lights Out

DAY 9:

7:00am Wake
8:00am Breakfast
9:00am Exploration & Laundry
12:00pm Lunch
1:00pm Travel to Lake Casitas
6:00pm Celebration Dinner Out
7:00pm Evening meeting
Last 48 Hour Sequence
8:00pm: Personal hygiene & organization
9:00pm Tents
9:30pm: Lights Out

DAY 10:

5:00am: Breakfast

5:30am Depart for LAX