

Costa Rica Course Schedule Outline

Note: This schedule is subject to change.

Day 1:

Arrive at Balsam Base
Equipment Check and Pack Group Gear
Schedule Planning
Sleep at Balsam Base

Day 2:

Drive to Atlanta / Fly to San Jose
Secure Transportation / Drive to La Fortuna
Purchase Foodstuffs
Sleep at Casa Cielo

Day 3:

Tour Museo Nacional
Casado at Soda Rio (Traditional Tico Food)
Explore La Fortuna and Swimming Hole
Sleep at Casa Cielo

Day 4:

Horseback Ride on the Flanks of Volcano Arenal
Visit La Fortuna Falls
Soak in Hot Springs
Sleep at Casa Cielo

Day 5:

Canopy Tour through the Jungle at Paraiso
Explore the La Fortuna
Sleep at Casa Cielo

Day 6:

Drive to Monteverde / Casado en-route
Skywalk Monteverde / Zipline
Sleep in Monteverde

Day 7:

Explore Monte Verde
Visit Coffee Plantation
Drive to Manuel Antonio
Sleep at Mono Azul

Day 8:

Explore Manuel Antonio National Park
Enjoy Beach and Surf Activities
Shop in Quepos
Sleep at Mono Azul

Day 9:

Drive to San Jose / Stop for Casado en-route
Explore San Jose
Tour Plaza and walking tour of Downtown San Jose
Visit Museums
Dinner on Central Avenida
Opportunity to buy souvenirs at the Market
Sleep at Costa Rica Backpackers

Day 10:

Drive to Airport / Say Goodbye to Costa Rica
Fly to Atlanta
Drive to SOAR
Sleep at Balsam Base

Day 11:

Departures from Balsam Base, Asheville Regional Airport or Greenville-Spartanburg Intl Airport