

## ACADEMY AT SOAR ACADEMIC SUPPLIES, CLOTHING, AND GEAR LISTS

(if purchasing from Amazon, consider using smile.amazon.com and selecting SOAR Inc. in Balsam, NC as your charity)

### **Academic Supplies**

- \_\_\_ #2 Pencils
- \_\_\_ Black Pens
- \_\_\_ Erasable Highlighters [t.ly/ivYY](https://t.ly/ivYY)
- \_\_\_ Sharpies
- \_\_\_ 1 Flat Pencil Pouch (with rings to put in 3-ring binder)
- \_\_\_ 4 pkgs. of printer paper
- \_\_\_ 1 pkg lined loose leaf paper
- \_\_\_ Color Index cards
- \_\_\_ Post-it Notes
- \_\_\_ 3-4 binders (2-inch three ring binder: If you have a tendency to lose papers, a zippered binder may be preferable)
- \_\_\_ Plastic big tab notebook dividers with pockets [t.ly/ROsP](https://t.ly/ROsP)
- \_\_\_ 1 Lined composition notebook (9 3/4 x 7 1/2 inches) for science class
- \_\_\_ 1 Rite-in-the-Rain notebook for science expedition notes (no bigger than 5x7) any color <https://t.ly/IYZ4j>
- \_\_\_ Notebooks for each subject
- \_\_\_ Calculator (basic function required; graphing calculator is helpful for Algebra 2 & above)
- \_\_\_ 1 Waterproof dry bag (to keep journal and student handbook dry)
- \_\_\_ Chromebook: any size, any manufacturer, etc. only requirement is **Chrome OS**
- \_\_\_ Accident protection/replacement insurance for chromebook\*\*
- \_\_\_ Case for Chromebook
- \_\_\_ Headphones with microphone (for use with our speech to text software)

### Optional Academic Items:

- \_\_\_ Bonded Leather Journals
- \_\_\_ Letter writing materials (stamps, envelopes, etc)
- \_\_\_ Laptops/MacBook will not be permitted for academic use but are permitted at the Academy for entertainment purposes via proposals

## ***Campus Clothing***

- \_\_\_ 12 pairs of underwear (Standard type)
- \_\_\_ 8 pair socks for running (Cotton type)
- \_\_\_ 5 pairs casual shorts (Cargo/khaki style type)
- \_\_\_ 8 pairs of pants (Jeans/business casual/Khaki style)
- \_\_\_ 5 cotton T-shirts
- \_\_\_ 5 collared short sleeved shirts (button down or polo style)
- \_\_\_ 3 collared long sleeved shirts (button down or rugby style)
- \_\_\_ 1 full zip or pullover sweatshirt for gym class
- \_\_\_ 2 pair of sweatpants for gym class
- \_\_\_ 2 pair of athletic shorts for gym class
- \_\_\_ 1 belt
- \_\_\_ 1 hat
- \_\_\_ 2 sleep outfits

## ***Expedition Clothing***

- \_\_\_ 1 heavyweight synthetic long underwear top and bottom
- \_\_\_ 2 lightweight synthetic long underwear top and bottom
- \_\_\_ 8 pair wool, synthetic or polypropylene socks
- \_\_\_ 1 pair of fleece pants (not cotton)
- \_\_\_ 1 thick fleece pullover or jacket (not cotton)
- \_\_\_ 4 pair of quick dry pants (convertible are ok)
- \_\_\_ 3 pair quick dry shorts (non-cotton)
- \_\_\_ 5 quick dry T-shirts (non-cotton)
- \_\_\_ 4 long sleeve quick dry shirts (non-cotton)
- \_\_\_ 1 packable synthetic fill puffy winter jacket
- \_\_\_ 1 lightweight, hooded, waterproof breathable rain jacket
- \_\_\_ 1 pair of lightweight, waterproof breathable rain pants
- \_\_\_ 4 swimsuits (Board shorts/athletic type)
- \_\_\_ 1 thick wool, or fleece hat
- \_\_\_ 1 balaclava (ninja-looking facial hat)
- \_\_\_ 1 pair fleece gloves
- \_\_\_ 1 pair of waterproof mittens to go over gloves

### ***Expedition Equipment:***

- \_\_\_ 1 Internal frame multi-day backpack (75 - 95 Liters)(4500 - 5700cu)
- \_\_\_ 1 backpack rain cover
- \_\_\_ 1 dry bag (35 Liters)
- \_\_\_ 1 zero degree or below packable synthetic mummy style sleeping bag
- \_\_\_ 1 forty degree packable synthetic mummy style sleeping bag
- \_\_\_ 1 packable sleeping pad
- \_\_\_ 1 waterproof compression stuff sack for sleeping bag (make sure it fits the Sleeping bag)
- \_\_\_ 3 multi-sized compression stuff sacks for clothing and organization
- \_\_\_ 1 full mess kit (made of plastic or metal)
- \_\_\_ 1 laundry bag

### ***General Equipment***

- \_\_\_ 1 daypack with waist belt (40 -45 liter)
- \_\_\_ 1 Duffle Bag (XL size)
- \_\_\_ 2 one quart large mouth Nalgene water bottles
- \_\_\_ Sunglasses
- \_\_\_ Whistle
- \_\_\_ Small headlamp with a L.E.D. bulb & extra batteries
- \_\_\_ Watch with alarm

### ***Footwear***

- \_\_\_ 1 pair waterproof breathable hiking boots with over the ankle support.
- \_\_\_ 1 pair water shoes (Keen, Chaco, Astral or Teva)
- \_\_\_ 1 pair lace up running shoes
- \_\_\_ 1 pair of shower shoes (flip flops)

### ***Dorm Equipment***

- \_\_\_ 2 sets single bed sheets (fitted, flat & pillow case)
- \_\_\_ 1 single bed comforter or blanket
- \_\_\_ 1 pillow
- \_\_\_ 1 collapsable laundry bin/basket

## ***Hygiene/Self Care***

- \_\_\_ 3 Washable face covering (i.e. cloth mask, neck gaiter, buff)
- \_\_\_ 4 Large bath towels
- \_\_\_ 2 washcloths
- \_\_\_ 1 small travel sized toiletry bag
- \_\_\_ 1 small bottle of biodegradable soap
- \_\_\_ 1 deodorant
- \_\_\_ 2 toothbrushes
- \_\_\_ 1 full length toothbrush cover
- \_\_\_ 1 tube of toothpaste
- \_\_\_ Razors and shaving supplies, if needed (1 pack)
- \_\_\_ Hairbrush
- \_\_\_ Body wash/soap
- \_\_\_ Shampoo & conditioner
- \_\_\_ For females: tampons and pads
- \_\_\_ For contact wearers: 1 travel sized bottle of contact solution and case
- \_\_\_ 1 travel sized bottle of Gold Bond Powder
- \_\_\_ 1 large box of Gallon sized Ziplock (Freezer style)
- \_\_\_ 1 large box of Quart sized Ziplocs (Freezer style)

## ***Optional Items***

- \_\_\_ Camera with charger or batteries
- \_\_\_ Eye Glasses (Bring an extra pair if you wear prescription glasses)
- \_\_\_ Camp Chair (A Crazy Creek type chair is ideal)
- \_\_\_ Shuffle or Nano IPODS type music device with NO internet access
- \_\_\_ Cell Phones (Students will be able to use when they receive that proposal)

\*\*\*No colognes, hairsprays, or mousses – all clothing must be free of rips, tears or holes.\*\*\*

## **ITEMS NOT TO BRING**

1. Do not bring any clothing or items not listed
2. Do not bring expensive jewelry or electronics
3. Do not bring a lighter or matches
4. Absolutely no tobacco, alcohol, vapes or illegal substances
5. Personal tents, tarps, hammocks, stoves, or water purification kits