ACADEMY AT SOAR ACADEMIC SUPPLIES, CLOTHING, AND GEAR LISTS
(if purchasing from Amazon, consider using smile.amazon.com and selecting SOAR Inc. in Balsam, NC as your charity)

Academic Supplies
___ #2 Pencils
___ Black Pens
___ Erasable Highlighters t.ly/ivYY
___ Sharpies
___ 1 Flat Pencil Pouch (with rings to put in 3-ring binder)
___ 4 pkgs. of printer paper
___ 1 pkg lined loose leaf paper
___ Color Index cards
___ Post-it Notes
___ 3-4 binders (2-inch three ring binder: If you have a tendency to lose papers, a zippered binder may be preferable)
___ Plastic big tab notebook dividers with pockets t.ly/R0sP
___ 1 Lined composition notebook (9 3/4 x 7 1/2 inches) for science class
___ 1 Rite-in-the-Rain notebook for science expedition notes (no bigger than 5x7) any color https://t.ly/lYZ4j
___ Notebooks for each subject
___ Calculator (basic function required; graphing calculator is helpful for Algebra 2 & above)
___ 1 Waterproof dry bag (to keep journal and student handbook dry)
___ Chromebook: any size, any manufacturer, etc. only requirement is Chrome OS
___ Accident protection/replacement insurance for chromebook**
___ Case for Chromebook
___ Headphones with microphone (for use with our speech to text software)

Optional Academic Items:
___ Bonded Leather Journals
___ Letter writing materials (stamps, envelopes, etc)
___ Laptops/MacBook will not be permitted for academic use but are permitted at the Academy for entertainment purposes via proposals
**Campus Clothing**

- 12 pairs of underwear (Standard type)
- 8 pair socks for running (Cotton type)
- 5 pairs casual shorts (Cargo/khaki style type)
- 8 pairs of pants (Jeans/business casual/Khaki style)
- 5 cotton T-shirts
- 5 collared short sleeved shirts (button down or polo style)
- 3 collared long sleeved shirts (button down or rugby style)
- 1 full zip or pullover sweatshirt for gym class
- 2 pair of sweatpants for gym class
- 2 pair of athletic shorts for gym class
- 1 belt
- 1 hat
- 2 sleep outfits

**Expedition Clothing**

- 1 heavyweight synthetic long underwear top and bottom
- 2 lightweight synthetic long underwear top and bottom
- 8 pair wool, synthetic or polypropylene socks
- 1 pair of fleece pants (not cotton)
- 1 thick fleece pullover or jacket (not cotton)
- 4 pair of quick dry pants (convertible are ok)
- 3 pair quick dry shorts (non-cotton)
- 5 quick dry T-shirts (non-cotton)
- 4 long sleeve quick dry shirts (non-cotton)
- 1 packable synthetic fill puffy winter jacket
- 1 lightweight, hooded, waterproof breathable rain jacket
- 1 pair of lightweight, waterproof breathable rain pants
- 4 swimsuits (Board shorts/athletic type)
- 1 thick wool, or fleece hat
- 1 balaclava (ninja-looking facial hat)
- 1 pair fleece gloves
- 1 pair of waterproof mittens to go over gloves
**Expedition Equipment:**

- 1 Internal frame multi-day backpack (75 - 95 Liters)(4500 - 5700cu)
- 1 backpack rain cover
- 1 dry bag (35 Liters)
- 1 zero degree or below packable **synthetic mummy style** sleeping bag
- 1 forty degree packable **synthetic mummy style** sleeping bag
- 1 packable sleeping pad
- 1 waterproof compression stuff sack for sleeping bag (make sure it fits the Sleeping bag)
- 3 multi-sized compression stuff sacks for clothing and organization
- 1 full mess kit (made of plastic or metal)
- 1 laundry bag

**General Equipment**

- 1 daypack with waist belt (40 -45 liter)
- 1 Duffle Bag (XL size)
- 2 one quart large mouth Nalgene water bottles
- Sunglasses
- Whistle
- Small headlamp with a L.E.D. bulb & extra batteries
- Watch with alarm

**Footwear**

- 1 pair waterproof breathable hiking boots with over the ankle support.
- 1 pair water shoes (Keen, Chaco, Astral or Teva)
- 1 pair lace up running shoes
- 1 pair of shower shoes (flip flops)

**Dorm Equipment**

- 2 sets single bed sheets (fitted, flat & pillow case)
- 1 single bed comforter or blanket
- 1 pillow
- 1 collapsable laundry bin/basket
Hygiene/Self Care

____3 Washable face covering (i.e. cloth mask, neck gaiter, buff)
____4 Large bath towels
____2 washcloths
____1 small travel sized toiletry bag
____1 small bottle of biodegradable soap
____1 deodorant
____2 toothbrushes
____1 full length toothbrush cover
____1 tube of toothpaste
____Razors and shaving supplies, if needed (1 pack)
____Hairbrush
____Body wash/soap
____Shampoo & conditioner
____For females: tampons and pads
____For contact wearers: 1 travel sized bottle of contact solution and case
____1 travel sized bottle of Gold Bond Powder
____1 large box of Gallon sized Ziplock (Freezer style)
____1 large box of Quart sized Ziplocs (Freezer style)

Optional Items

____Camera with charger or batteries
____Eye Glasses (Bring an extra pair if you wear prescription glasses)
____Camp Chair (A Crazy Creek type chair is ideal)
____Shuffle or Nano IPODS type music device with NO internet access
____Cell Phones (Students will be able to use when they receive that proposal)

***No colognes, hairsprays, or mousses – all clothing must be free of rips, tears or holes.***

ITEMS NOT TO BRING
1. Do not bring any clothing or items not listed
2. Do not bring expensive jewelry or electronics
3. Do not bring a lighter or matches
4. Absolutely no tobacco, alcohol, vapes or illegal substances
5. Personal tents, tarps, hammocks, stoves, or water purification kits