

Your turn! Your Quest!

Directions

Name the quest (This is the big goal! For example, make money, loose weight, learn guitar, get a B in biology)

Break each quest down into manageable challenges. You can have as many challenges as you want but 2-4 is best (steps, building blocks)

Attach a reward to each incremental challenge (steps) toward the goal

Use surprise rewards and bonus points- Praise for effort! Magic points or nachos!

Set time limited challenges, and mini challenges.

When you complete the challenge you unlock the next level or win the prize- which is?_____

Complete the form below on your quest and send it to Liz@SOARnc.org

The name of our Quest_____

The challenges in our Quest:

Challenge 1_____time limit_____reward_____

Step 1._____

Step 1._____

Step 1._____

Step 1._____

Challenge 2_____time limit_____reward_____

Step 1._____

Step 1._____

Step 1._____

Step 1._____

Challenge 3_____time limit_____reward_____

Step 1._____

Step 1._____

Step 1._____

Step 1._____

Challenge 4_____time limit_____reward_____

Step 1. _____

Step 1. _____

Step 1. _____

Step 1. _____

How long do you have to complete your quest? _____

What are some surprise rewards you can earn for effort?

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